3 KEYS TO Victorious Living

Living life from your position of ***VICTORY***

with

Victoria D. Gilbert



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"Three keys. A more intentional, faith-filled, and victorious you."



Welcome

TO YOUR JOURNEY

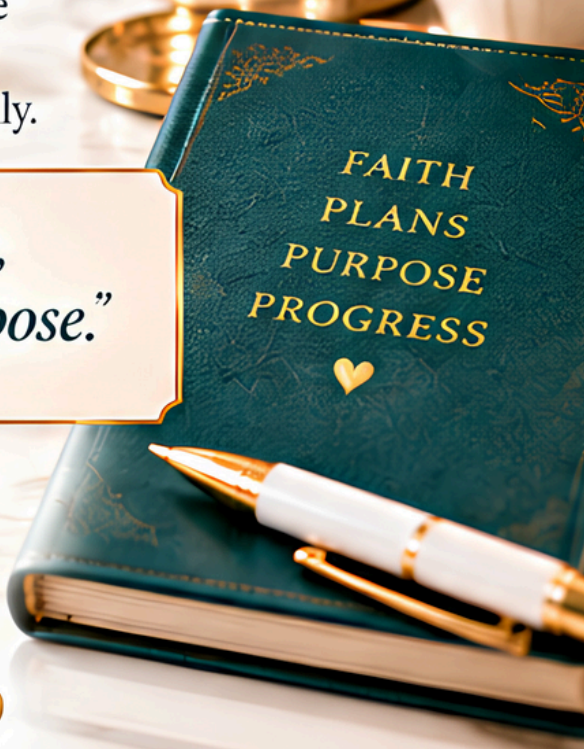
TOWARD VICTORY

I am so glad you are here. This guide was created to encourage and equip you as you seek to live **a more intentional, faith-filled, and victorious life.**

Life can be full, overwhelming, and unpredictable, but God has given us His Word, His wisdom, and practical steps to help us stay focused on what matters most. In these pages, you will find three key areas that can help you live with more peace, purpose, and power.

My prayer is that this resource will inspire you to shift your mindset, shift your actions, and speak God's truth over your life daily. As you implement these simple yet powerful principles, I believe you will begin to see real change—spiritually, mentally, and practically.

> *"You were created on purpose, for a purpose, and with a purpose."*



I am cheering you on as you take these steps toward a more victorious you!

With love and encouragement,

Victoria Gilbert



1 KEY_ Shift Your MINDSET

You must know and understand that there must be a shift in our mindset in order for spiritual freedom to take place. How does happen?

First, you make a shift in our thinking that means a change; a turning from one thing to another; has occurred in your attitude and your habits. If you once used to look for the bad to happen. Now you are looking for the promises of God found in scripture to be manifested in your life. Making a decision to shift your mindset and not allow negativity to dictate your actions or words are vital to living a victorious life. It's a choice you make based on the Word of God and what He promises.

After you have made the decision to make the mindset shift, you will begin to fill your mind with the promises by reading God's Word daily. Reading scriptures help you maintain your commitment to shifting your mindset.

1 KEY Shift Your MINDSET

Three Scriptures

Here are three scriptures that will be a great place to start as you read God's Word. Begin by reading these each day before you start your day.

PROVERBS 3:5-8

"Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take. Don't be impressed with your own wisdom. Instead, fear the Lord and turn away from evil. Then you will have healing for your body and strength for your bones."

PHILIPPIANS 4:8

"Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things."

2 CORINTHIANS 5:17

"This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!"

KEY 1
Shift Your MINDSET

"When there is a true mindset shift, you are more concerned about *your assignment* rather than your environment."

VICTORIA GILBERT



KEY 2
Shift Your ACTIONS

I hear women say "I have to make a change!" Sometime passes, and I hear the same women making the change statement again. That stops today! You have to be committed to the change you say you want to see. I am here to help you with making that change. I have included my daily schedule. This is what I use each day as I set out living victoriously on purpose. Use this as a guide to conquer your day. Once you have conquered KEY #1, moving forward to KEY #2 is essential and helps to build your victory muscle.

> *"Shift Your Actions by changing your daily routine."*



KEY 2 Shift Your ACTIONS

DAILY SCHEDULE *continued*

STUDY AND APPLY
Take time to study and apply what you read.
Ask God, "What does this mean for me today?"
Write down key verses and insights.

TAKE CARE OF YOUR BODY
Be a good steward of the body God has given you. Eat nourishing foods, drink water, and get movement in each day. A healthy body helps you show up and serve well in your assignment.

CONNECT WITH OTHERS
Encourage and speak life into your family, friends, and those God places in your path. Surround yourself with people who inspire you to stay in faith and walk in victory.

WORK ON YOUR ASSIGNMENT
Be diligent and excellent in the work God has given you to do. Whether it's in your home, career, church, or community, do it with a willing heart as unto the Lord (Colossians 3:23).

BE INTENTIONAL ABOUT GRATITUDE
End your day by reflecting on what God has done. Write down at least three things you are grateful for each day. Gratitude keeps your focus on God's goodness and strengthens your joy.



> *"It's not just about what you do, but doing it intentionally with God at the center."*

Daily Schedule

Get up early intentionally to begin your day well.

Mark 1:35 “And in the morning, rising up a great while before day, he went out, and departed into a solitary place, and there prayed. I pray for my husband and children. They are blessed in all areas of life.”

READ GOD’S WORD
Start your day with scripture to renew your mind and strengthen your faith.

PRAY
Be intentional about praying for your husband, children, family, ministry, and daily needs.

LISTEN
Spend time in quiet, listening for God’s direction for the day.

WRITE IT DOWN
Capture what God speaks to your heart — ideas, instructions, and people He places on your heart.



Prayer and Meditation

Be intentional about listening and writing down what God speaks to your heart. After prayer God usually gives me instructions for the day—write those down either during your prayer time or immediately afterwards. He will place ideas and people in your thoughts. Write it down and figure it out later.

KEY 3
Shift Your WORDS

Proverbs 18:21 say, “Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.”

We must declare victory over our life each day. Our declarations come in agreement with the promises God has already given to us from the beginning of time. James 4:2 tells us that we have not because we ask not. What have you been asking for from God?

Have you fully given Him your needs and wants. I know you have HUGE dreams. Your Father is the dream giver. I know that you are called to help women just like you. Your Father called you on purpose for His purpose. As you live your victorious life, your calling becomes more clear and you begin to see each step God had ordered just for you.

> “*Shift your words by declaring His Word!*”
>
> — VICTORIA GILBERT —



Victorious DECLARATIONS

1. *I am a daughter of the KING. I know my daddy hears my prayers.*
2. *I pray for my husband and children. They are blessed in all areas of life.*
3. *My husband is a man after God's own heart. He loves me as Christ loves the church.*
4. *My husband follows Christ and I follow him.*
5. *My children are obedient as they honor their mother and father. They have long life on the earth. They are predestined and called for greatness. They make a huge impact wherever they go.*
6. *I am a mighty warrior in the Army of the Lord. I am protected by the Lord's angels wherever I go. I wear my armor at all times.*
7. *God is my refuge, my place of safety. I put my trust in Him. I have favor with God and man.*
8. *I am complete and whole in God. I am fully equipped to complete the purpose God has for my life, because I have everything I need to do what He needs me to do.*
9. *In Christ I have peace. I have peace of mind. I have peace about my marriage, children, family, and our money.*

Victorious DECLARATIONS

10 

I am the head and not the tail. I am above only and not beneath. I am a lender, not a borrower.

11 

I am victorious in Jesus Christ. I have authority over my mind, body, home, marriage, children, finances, and job. My head is lifted up, as I walk in authority.

12 

I am already enough for God to do what He needs to do through me. I am strong enough! I am tough enough! I am wise enough! I am patient enough! I have enough of everything I need. I have enough joy. I have enough peace. I have enough love. I have enough money. The earth is the Lord's and the fulness thereof! I am joint heirs with Jesus Christ! I am enough.

13 

I am going to make it! The opposition may be tough, but I am tougher. I may not see the end in sight, but it is closer than I think. I will endure to the end. No weapon shall prosper against me! Every hater's mouth is now shut. Every envious person that speaks against me shall be condemned in Jesus name. I find safety and rest in your arms of God. I am restored.

14 

Everywhere I go I show Christ's love through my actions and by what I say.

15 

Today is a great day! I will complete my assignment in Jesus name!

3 KEYS TO Victorious Living

1. Shift Your Mindset
2. Shift Your Actions
3. Shift Your Words



Next Steps

I would love to hear from you! Email me the truth, key, or insight that resonated with you the most from this guide. Your message encourages me and helps me know how God is using these words in your life.

hello@victoriadavisgilbert.com

I CAN'T WAIT TO HEAR FROM YOU!

A Closing Prayer

Heavenly Father,
Thank You for every woman who has taken the time to read this guide. I pray that the truths shared within these pages will take root in their hearts, renew their minds, and transform their daily lives. Help them to continue shifting their mindset, their actions, and their words so they can walk in all You have called them to be. Give them wisdom, strength, and grace for the next steps. Surround them with the right people, opportunities, and resources. May they live each day with purpose, faith, and victory in Jesus' name. Amen.

Victoriously Yours,

Victoria

LET'S STAY CONNECTED

Victorious Women in Business & Life Group | Instagram | Facebook | Website